



Bikeability Level 1, 2 & 3 courses

I am delighted to be able to offer Bikeability Level 1, 2 & 3 courses (age limit and riding ability apply) during the summer holidays completely **free of charge**. Those children who have taken part in Bikeability Level 1 previously at school are more than welcome to come along to Bikeability Level 2.

If your child can't quite ride independently please get in contact as I would be more than happy to help – I am delivering Learn to Ride courses and can also do 1:1 – my details are at the bottom of this letter.

Level 1 is a traffic free course promoting safe cycling

Level 2 is an on road course in residential areas – **current Year 4 and above**

Level 3 is an on road course riding on busier roads such as roundabouts and traffic lights – **current Year 5 and above**

In order to book on to each course please do so by visiting <https://rb.gy/few03d> **or search for Rob Doyle Cycle Training on Eventbrite.**

What is Bikeability?

Bikeability is the government's national cycle training program It helps you learn practical skills and understanding of how to cycle on today's roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life.

Find out more: www.bikeability.org.uk

Please make sure your child's bike is roadworthy with 2 working brakes, sufficiently inflated tyres & a well oiled chain. Please also make sure you have a correctly fitted helmet, that has been adjusted prior to attending training.

Further advice about preparing for Bikeability Training can be found at <https://bikeability.org.uk/bikeability-training/getready/>

I do have a couple of bikes and helmets that can be borrowed – please contact me and I can confirm if these are available to use.

Many thanks

Rob Doyle Cycle Training
07921140743
rob_doyle123@hotmail.com