

# Summer Holiday Activities 2026

**TEENZ**

Look out for 'Teenz' events specifically for children aged 10+

**School holiday arts and sports activities**  
for Dorset children who need additional support



**Booking closes on  
Wednesday 1 July**

Artz+ Sportz+ is funded and organised by Dorset Council  
[dorsetcouncil.gov.uk/artz-sportz](https://dorsetcouncil.gov.uk/artz-sportz)



Bookings close Wednesday 1 July

## Watersport Fun

**Monday 27 July**

**1pm to 4pm**

**Ages 5 to 17 years**

**Andrew Simpson Centre, Weymouth & Portland National Sailing Academy, Osprey Quay, Portland, DT5 1SA**

Meet the friendly instructors, put on a wetsuit, buoyancy jacket and helmet and you are ready to head out on the water on one of the centre's brilliant giant paddleboards. We can paddle around or secure our paddleboards to the pontoon for some games.

We will try sailing on the centre's keel boats, these stable boats take up to seven including the instructor – control the boat on the helm, use the ropes to control the speed, or relax and enjoy the trip, keeping an eye out for other people and wildlife on the water!

For those that prefer, there are double kayaks to use – all providing a wonderful session on the water. Bring snacks and a drink.

[andrewsimpsoncentres.org/our-centres/portland/](http://andrewsimpsoncentres.org/our-centres/portland/)



## TEENZ

## Cycling and Golf Games at Moors Valley

**Tuesday 28 July**

**10am to 1pm**

**Ages 10 to 17 years**

**Moors Valley Country Park, Horton Road, Ashley Heath, BH24 2ET**

Meet the friendly staff at Moors Valley Country Park who will take us on a fun guided cycle ride around the forest along the family trail up to Potterne Park. There is a selection of bikes to use including adapted cycles as well as standard two wheelers.

We will swap around so that whilst one group is cycling the other group can try their hand at Pitch and Putt or Frisbee (disc) golf! See if you can get your frisbee in the target net – how many throws will it take?

Bring snacks, a drink and packed lunch.

[moors-valley.co.uk](http://moors-valley.co.uk)



Bookings close Wednesday 1 July

## Summer Festival Vibes –

Creative and Active Fun

HAF



Wednesday 29 July

11am to 4pm

Ages 5 to 17 years

Purbeck Youth and Community Foundation, Worgret Road,  
Wareham, BH20 4PH

We are bringing the summer festival vibes – join us for summer games, creative art and music.

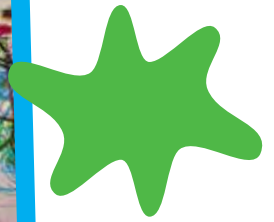
Throughout the day our popular Action Van team will be bringing the energy with archery, fun circus skills and garden games including Molkky, a clever wooden skittle game, and Spikeball, an energetic two-a-side ball game that will test your agility and teamwork!

Artist Lucy will be helping you get creative with clay, making a small piece to take home.

In the afternoon the brilliant Vinyl Van will be playing tunes on their mobile decs and creating a party atmosphere, perfect for dancing to and designing colourful drawings to music with Lucy.

Bring snacks and a drink. Lunch available at £6.95 extra cost or bring a packed lunch.

**Event and lunch free for children who book with a HAF code.**



## Child in the Wild

Thursday 30 July

10am to 2pm

Ages 5 to 16 years

Child in the Wild Forest School, Owermoigne  
(directions will be provided with confirmation)

Expect a warm welcome, and a relaxed, calm session with opportunities to engage in scavenger hunts, bug hunting, nature craft activities, den building, and more. Explore the site at your own pace, and perhaps have a go on the slackline, chill in the hammocks, spin in the nest swing, or make a mud pie in the mud kitchen! Bring lunch to enjoy under the beautiful tree canopy, before finishing the session with hot chocolate and s'mores around the campfire together.

Bring snacks, a drink and packed lunch.

[childinthewild-forestschool.com](http://childinthewild-forestschool.com)



Bookings close Wednesday 1 July

## Sensory Play and Swim

Friday 31 July

10am to 1pm

Ages 5 to 17 years

Sherborne Sports Centre, Sherborne School,  
Abbey Road, Sherborne, DT9 3AP

Action Van will bring lots of colour and activities, children are encouraged to explore the equipment for themselves, they can slide, glide, balance, bounce, build, throw, catch and much more. Suitable for those who are more dynamic as well as those who prefer something gentler.

After your action van activities enjoy a swim in the fabulous pool with a selection of toys and inflatables, end the session with splash!

Bring snacks, a drink and packed lunch.

[sherbornesports.co.uk](http://sherbornesports.co.uk)



## Wonderful Wildlife Discovery

Monday 3 August

10am to 1pm

Ages 5 to 17 years

Kingcombe Visitor Centre (Dorset Wildlife Trust), Lower Kingcombe, Toller Porcorum, Dorchester, DT2 0EQ

We will join members of the Dorset Wildlife Trust team as we explore the grounds at the Kingcombe Centre to discover some of the wonders of nature. What creatures will we meet on a bug hunt as we explore the orchard and mini meadow? Can we be tree detectives identifying the different species? Get hands on with a nature craft.

Bring snacks, a drink and packed lunch.

[dorsetwildlifetrust.org.uk/nature-reserves/kingcombevisitorcentre](http://dorsetwildlifetrust.org.uk/nature-reserves/kingcombevisitorcentre)



Bookings close Wednesday 1 July

## Sensory Session



**Tuesday 4 August**

**10am to 1pm**

**Ages 5 to 17 years**

**Mountjoy School, Tunnel Road, Beaminster, DT8 3HB**

Join us for three hours of non-stop slide, glide, balance, bounce, build, throw and catch fun with the Action Van team's sensory play equipment and games. Explore the sensory room and garden and the great outside space at Mountjoy School. Bring a mid-morning snack and chill out in the quiet room or out in the lovely fresh air.

Please note, due to space we are not able to bring a bouncy castle to this session.

Bring snacks, a drink and packed lunch.



## TEENZ

## Bushcraft Skills & Outdoor Action Fun

**Wednesday 5 August**

**9.45am to 1pm**

**Ages 9 to 17 years**

**Cumulus Outdoor, Cobbler's Lane, Swanage, Dorset, BH19 2PX**

Have fun in the great outdoors and learn some Bushcraft Skills in our first session – shelter building, fire lighting and exploring the nature around you.

In the second session you can choose from the High/Low Ropes course, or tag archery:

On the high and low ropes tackle a selection of obstacles at varying heights, swing, zip, jump and climb over and through the various elements, each requiring a different skillset and approach. Our favourites are the gladiator rings, high all aboard and high sea-saw!

OR, burn off some energy playing tag archery, a safe and fun combat game that is a hybrid of archery, dodgeball and paintball – work together to complete various challenges where fun is the name of the game.

You will need to wear safety helmets and harnesses for the ropes course or safety headwear for tag archery.

Bring a drink, snacks and packed lunch.

**[cumulusoutdoors.com](http://cumulusoutdoors.com)**



Bookings close Wednesday 1 July

## Art, Music and Swim Sensory

**Thursday 6 August**

**10am to 1pm**

**Ages 5 to 17 years**

**St Michael's Middle School, Colehill Lane,  
Wimborne, BH21 7AB**

Join us for sensory fun with play equipment and painting and crafts. Using some basic musical instruments we will enjoy making our own music. Then take a dip in the pool and have a gentle splash around with our Artz+ Sportz+ team, with floats, noodles and balls to play with.

Bring snacks, drink and lunch.

Please note the bouncy castle is not available for this session.



## Summer Sport Bat 'n' Ball

**Games and Giant Art**

**HAF**



**Friday 7 August**

**10am to 3pm**

**Ages 5 to 17 years**

**Chickerell Primary School, Rashley Road,  
Chickerell, Weymouth, DT3 4AT**

A session full of fun and games with our Action Van Team – try your hand at kwik cricket and other summer sports.

Bring your own scooter (or use one of ours) and learn some 'road skills' on our playground circuit. Drive around looking out for red lights and other drivers as you navigate our mini road system, helmets and knee pads must be worn, bring your own or borrow ours.

Join artist Lucy and help create a giant drawing on the ground – paint however you choose – it may be feet, or hands and brushes, or even a mop - but it might get a bit messy! Great fun and no fail.

Bring snacks and a drink. Lunch available at £6.95 extra cost or bring a packed lunch.

**Event and lunch free for children who book with a HAF code.**



Bookings close Wednesday 1 July

## Drum and Bounce Fun

**Monday 10 August**

**10am to 1pm**

**Ages 5 to 17 years**

**St Osmund's Sports Centre, St Osmund's Middle School, Barnes Way, Dorchester, DT1 2DZ**

Join the brilliant James and have some 'jammin' drumming fun. You will be beating out a rhythm and tapping your toes in no time as you pick up a whole host of new beats.

This accessible and inspirational workshop is all about 'world roots drum' and is perfect for developing your child's personal and social wellbeing as well as building confidence in everyone who takes part.

Following the session let off all that excess drumming energy on our bouncy castle and enjoy some fun with our Artz+ Sportz+ and Action Van team.

Bring a drink, snacks and packed lunch.

[drumdevon.co.uk](http://drumdevon.co.uk)



## Hungry Monsters & Multi Sports Fun

**Tuesday 11 August**

**10am to 3pm**

**Ages 5 to 17 years**

**Durweston Village Hall, Church Road, Durweston, DT11 0QA**

Design and create your very own moving mouth 'Hungry Monster' puppet, then create its favourite food and feed the hungry monster! Great fun with popular artist Holly Miller using papers, tape, fabrics and your imagination!

Once your own hungry monster is fed you can create your own lunch with the Friendly Food Club, who are bringing their fabulous pizza oven so that you can make your own pizza.

After lunch enjoy some multi sports fun with the Action Van staff including active team games, New Age Kurling and some colourful fun with parachutes.

Bring snacks and a drink.

**Lunch included for all, event and lunch free for children who book with a HAF code.**



Bookings close Wednesday 1 July

## **TEENZ** K-Pop Dance and Anime Art

**Wednesday 12 August**

**10am to 1pm**

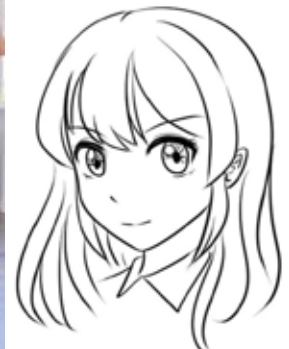
**Ages 10 to 17 years**

**Willowbed Hall, 39 Putton Lane, Chickerell,  
Weymouth, DT3 4AJ**

No experience needed for this exciting K-Pop dance session designed to provide a fun, supportive and engaging environment where you can express yourself through movement and music. Using simple, energetic choreography inspired by popular K-Pop songs, you will build confidence, improve coordination and have fun dancing at your own pace. With a focus on creativity and participation, feel included, comfortable and celebrated.

Take a break from the dance and work with our artist, Emma, who will teach you the basics of Anime portrait drawings including eyes and hair. Starting with pencil drawings and moving on to felt tip/marker images, we will create Anime self-portraits. Later in the session we can look at using paper collage to extend our ideas.

Bring snacks, a drink and packed lunch.



## **Harbour & Coast Boat Trip**



**Thursday 13 August**

**Two separate trips; 10.30am to 12.30pm and 1.45pm to 3.45pm  
(please state your preference)**

**Ages 7 to 17 years**

**Meet at Weymouth Harbour, directions sent with confirmation**

Join us on a private trip in the fresh sea air aboard the specially commissioned MV Freedom as we sail out of Weymouth, seeing what boats are in the harbour as we depart. As we go out into the bay keep an eye out for wildlife, what sea birds and other creatures will you spot?

Visit the wheelhouse and take a turn at steering the boat – will you make a good captain?

The MV Freedom is suitable for wheelchair users and has an accessible toilet. Lifejackets are provided.

Bring snacks, a drink and sun cream.

Please note: these sessions are subject to the weather.



Bookings close Wednesday 1 July

## Play and Splash Sensory

**Friday 14 August**

**10am to 1pm**

**Ages 5 to 17 years**

**Blandford Leisure Centre, Milldown Road,  
Blandford Forum, DT11 7DB**

Three hours of fun with our friendly Artz+ Sportz+ and Action Van team. Enjoy the bouncy castle and have fun in the hall with balancing, building and soft play equipment. Then head to Centre's splash pool with its sprays and showers. Enjoy the water features and flumes in this fun session.

Bring snacks, a drink and packed lunch.



## Soft Play and Swim Sensory



**Monday 17 August**

**10am to 1pm**

**Ages 5 to 17 years**

**Purbeck Leisure Centre, Worgret Road,  
Wareham, BH20 4PH**

Our friendly Artz+ Sportz+ and Action Van teams are ready to offer hours of fun with soft play, bouncy castle and games. After your soft play session, it is time to head to the pool for a swim. Use the floats and play on the inflatable crocodile!

Bring snacks, a drink and packed lunch.



Bookings close Wednesday 1 July

## Hands on Fun on the Farm

**Tuesday 18 August**

**10am to 1pm**

**Ages 5 to 17 years**

**Meadow Barn Care Farm,  
Salway Ash, Bridport, DT6 5JA**

Meadow Barn Care Farm, provides meaningful, hands on experiences that support wellbeing, confidence and connection. Join us in a calm, rural environment where children and young people can learn, explore and thrive through real farm life.

We will be interacting with the animals - feeding, cuddling and caring for a range of friendly farm animals and pets, gardening – planting, growing and harvesting, and getting creative doing crafts inspired by nature.

All the activities are delivered outdoors or in a learning space within the farm setting, giving every participant the chance to experience fresh air and open space.

Bring snacks, a drink and packed lunch.



## Rock Hop at Tout Quarry

**Wednesday 19 August**

**9.30am to 12.30pm**

**Ages 8 to 17 years**

**Meet at Weymouth Outdoor Education Centre**

Rock Hop is an exploration of Tout Quarry and the stone carvings, led by a team of expert instructors - the children will be in helmets and encouraged to climb on, under and through some of the Portland Stone features. A climbing based, imaginative adventure.

Meet at the Weymouth Outdoor Education Centre, the bus journey to the quarry will be about 20 minutes.

Bring snacks, a drink, packed lunch and sunscreen.



Bookings close Wednesday 1 July

**TEENZ**

**Train and Ten-Pin Bowling**



**Thursday 20 August**

**10.45am to 3pm**

**Ages 10-17 years**

**Meet at Dorchester South Station, Station Approach,  
Dorchester, DT1 1QX**

Join Chantelle from the South Wessex Community Rail Partnership as we go on a train journey across Dorset. Starting in Dorchester we will see the trains as they come through, have a look around the station, learn about timetables, buying tickets and rail safety before heading on the train through Wool, Wareham and Poole to Branksome. What fascinating facts about trains and railways will you learn?

In Branksome we will take a very short, 5-minute walk to the Hollywood Bowl, where we will enjoy a game of ten-pin bowling. Will you get a spare or even a strike?



Then we will walk back to the station for some more activities and train spotting, before catching the train back to Dorchester.

Bring drinks, snacks and a packed lunch.



**Activity Day at Carey Camp** **HAF**

**Friday 21 August**

**10am to 3pm**

**Ages 7 to 17 years**

**Carey Outdoor Education Centre, Carey  
Road, Wareham, BH20**

A fun, action-packed day at Carey Camp; learn how to build a shelter and light a fire, traverse the wall, go through tunnels and test your balance on the low ropes course. Try your hand at environmental art – adventure awaits!

Bring snacks and a drink. Lunch available at £6.95 extra cost or bring a packed lunch.

**Event and lunch free for children who  
book with a HAF code.**



Bookings close Wednesday 1 July

## Summer Swim at the Lido!

**Saturday 22 August**

**1pm to 3pm**

**Ages 5 to 17 years**

**Shaftesbury Lido, Barton Hill,  
Shaftesbury, SP7 8DQ**

Come and join our special private pool party at the beautiful Shaftesbury Lido. There'll be floats, balls and pool toys to splash around with and have lots of watery fun in the fresh air at this historic al fresco venue.

Bring snacks and a drink.



## TEENZ

## Coasteering Adventure at Portland Bill

**Monday 24 August**

**9.45am to 12.30pm**

**Ages 10+ (must be confident in the water)**

**With Adventure4All, directions sent with confirmation**

Join us on Portland Bill for an exhilarating coasteering adventure. With the stunning and dramatic Jurassic Coast setting as your backdrop, you will be climbing up the rocks and jumping into the sea - under the expert eye of the experienced Adventure4All team.

Suitable for those who are comfortable in the water, happy with (not too big) heights and being in open water. Full length wetsuits, buoyancy aids and helmets supplied.

Please note this activity is £15 per child, the regular charges do not apply.

**[adventure4all.co.uk](http://adventure4all.co.uk)**



Bookings close Wednesday 1 July

## Swing 'n' Bounce Sensory

**Wednesday 26 August**

**Two separate sessions, 9.30am to 12.30pm and 1pm to 4pm (please state your preference)**

**Ages 5 to 17 years**

**YMCA Dorchester, Sawmills Lane,  
Dorchester, DT1 2RZ**

Join us for games and sports activities in the centre's gymnastics hall. You'll love bouncing on the floor trampoline and gliding in the swing. Practise new skills with coach Andrea Dabbs, who many of you will know from our team.

Bring snacks and a drink.

[dorchester-ymca.org.uk](http://dorchester-ymca.org.uk)



## Beach School Fun

**Thursday 27 August**

**10am to 1pm**

**Ages 5 to 17 years**

**Hive Beach, Beach Road, Burton  
Bradstock, Dorset, DT6 4RF**

We look forward to welcoming you to Hive Beach for a relaxed and creative time together by the sea.

Have a go at natural paint making from the rocks, then you use your own paint to paint stones, shells or make some fun flags.

Make creatures from clay and driftwood that we can take on an adventure.

Create our own rockpools, full of creatures and beach treasures of our own making.

Turn our hands to driftwood boat making and test how they float. And if there isn't too much wind or rain, have a go at striking a spark and making a small fairy fire!

Bring a snack, drink and a packed lunch. Wear a hat and sunscreen, dress for mess!



Make a difference -  
help us shape Artz+ Sportz+



Passionate about provision for children with additional needs? Then **we need your voice** on our Steering Group to help shape the future of Artz+ Sportz+.

The Steering Group meets quarterly, bringing together parent representatives and the Artz+ Sportz+ team to review activities and explore service improvements that will **benefit the wellbeing of children and parents**.

We are seeking enthusiastic parents to play an active, voluntary role on the group.

**Next meeting:** Thursday 1 October 2027, 2pm  
in Durweston, nr Blandford

(dates/venues can be rearranged to suit schedules)

**Can you make a difference?** For more information please contact Emily Austin: [emily.austin@dorsetcouncil.gov.uk](mailto:emily.austin@dorsetcouncil.gov.uk)



**Diverse Abilities**  
Short Breaks

## Coping with CHAOS

Coping with Chaos provides school holiday and weekend activities for children with disabilities and their siblings across Dorset. We support the whole family, so all children and young people have equal access to play sessions and suitable activities to have fun together.

If you are interested in registering your family please contact us at:

[shortbreaks@diverseabilities.org.uk](mailto:shortbreaks@diverseabilities.org.uk)

## Project My Time

Project My Time provides holiday activities for children and young people aged 8 to 18 with disabilities across Dorset and the idea is for them to have lots of fun!

Parents/carers are not required to stay as our team provide the 1:1 support throughout the sessions, which take place every week in the school holidays.

If you are interested in registering your young person please contact us at:

[shortbreaks@diverseabilities.org.uk](mailto:shortbreaks@diverseabilities.org.uk)

**activate**  
Sparking possibility

## Activate Performing Arts Rock Summer School

Music | Dance | Theatre

Join us for three exciting days of  
creativity, performance and fun!

Dates: **28 – 30 July 2026**

Venue: **Coastlands College, Weymouth**

Age range: **5 – 18 years**

**1:1 support available**

- Create your own Rock Song
- Learn a performance to We Will Rock You!
- Rock Painting/Sand Art/  
Design your own Rock T-shirt

For further information contact: [remix@activateperformingarts.org.uk](mailto:remix@activateperformingarts.org.uk)


Places are limited – book early to avoid disappointment



# Information for parents/carers



Our tutors, coaches and support team will always do their utmost to support each child, including providing 1:1 support or greater, where required. If they wish parents/carers may stay at any session, but we ask that **new parents/carers stay on site for your child's first session** whilst we get to know you both. A member of our support team will be allocated to you. At future sessions your child may be left in the care of our team, where we are able to meet his/her needs. For sessions that include swimming we may ask you to attend if your child cannot change in/out of swimwear without assistance.

 We can adapt many sports sessions to include wheelchair users. All indoor and some outdoor venues are accessible.

Our Team Leaders are Safeguarding Level 3 trained, and we have a team of Designated Safeguarding Leads. Staff trained in emergency first aid are present at all events. We also have staff trained in buccal midazolam to support children with epilepsy and in the use of EpiPens/ adrenalin auto-injectors in the management of anaphylaxis. **Parents/carers must be available on an emergency telephone number.** If you would like to find out more, or discuss any concerns, please email; [leisure@dorsetcouncil.gov.uk](mailto:leisure@dorsetcouncil.gov.uk)

For more information: [dorsetcouncil.gov.uk/sport-leisure/artz-sportz](http://dorsetcouncil.gov.uk/sport-leisure/artz-sportz)

## Dorset Short Breaks Care Passports

Please complete a Care Passport at: [dorsetcouncil.gov.uk/short-breaks-care-passport](http://dorsetcouncil.gov.uk/short-breaks-care-passport)

## Booking and helpful information

### Booking

Places must be booked in advance. If demand is high, we will allocate places. We can supply details of how we do this fairly on request. Unless otherwise stated, activities cost **£7.90** per child for 2-3 hours, **£10.50** for 4 hours and **£13.25** for 5 hours or more. **Please note:** Our prices for activities have remained at the same low level for a number of years, with increasing costs we have now had to increase or prices by a small amount. There is a 20% subsidy for those on income-based benefits.

To book email [leisure@dorsetcouncil.gov.uk](mailto:leisure@dorsetcouncil.gov.uk) stating your name, address, telephone number, chosen workshop(s), number of spaces and child name(s).

Bookings close on **Wednesday 1 July** and allocation will take place on **Thursday 2 July**. After allocation, any remaining places will be advertised on [www.facebook.com/ArtzSportz](http://www.facebook.com/ArtzSportz)

### Direct Payments

You can pay for your child's place with Direct Payments.

You can provide your own carer to accompany your child paid with Direct Payments.

Please inform the admin team when your place is confirmed if you would prefer to bring your own carer.

Artz+ Sportz+ have a strong team of Support Staff but may not be able to provide certain specialist medical or care needs.

### Cancellations

Refunds can only be made if you cancel more than two weeks before an event, or if we have to cancel an event. Please let us know as early as possible, if you need to cancel a session. This enables us to offer the place to another child and adjust staffing levels.

## Information for parents/carers



### Artz+ Sportz+ Sensory

These sessions are designed for children with more complex needs who may be supported by our team, where possible, or by their own personal assistant.



Wheelchair Symbol Indicates a wheelchair friendly event.

### Holiday Activities & Food Programme (HAF)

Activities including a hot meal are free to those who have a HAF passcode on indicated sessions.

If you qualify for benefit-related free school meals email the HAF team to get your passcode; [holidayactivities@dorsetcouncil.gov.uk](mailto:holidayactivities@dorsetcouncil.gov.uk)



**Schools out!**

### The Xchange

The Xchange provides news, information and a listing of events/activities for families with children who are disabled.

To join visit: [dorsetcouncil.gov.uk/w/about-the-xchange](http://dorsetcouncil.gov.uk/w/about-the-xchange)

### Join our mailing list

Send your name, address and email address to Artz+ Sportz+, Leisure Service, Dorset Council, County Hall, Colliton Park, Dorchester, DT1 1XJ.

Email: [leisure@dorsetcouncil.gov.uk](mailto:leisure@dorsetcouncil.gov.uk)

### Join us on Facebook or follow us on Instagram

Keep up to date on news and events, 'Like' or 'Follow' us to receive updates and to keep in touch with us:



[facebook.com/artzsportz](https://facebook.com/artzsportz)



[instagram.com/artzsportz](https://instagram.com/artzsportz)

