



**RUN JUMP THROW**

## **ATHLETICS Y3 Y4 Y5**



**SCAN ME**

- **Venue** : St Michaels Middle School Field.
- **Date** : Tuesday 4<sup>th</sup> June
- **Arrive** : 3.45 - 4.10pm
- **Registration** of athletes closes at 4.15pm
- **Event finishes** at 5.30pm

*• Individuals will compete against the stopwatch or the tape measure to gain performance points*

*• **Events will be:** 75m Sprint; Running Long Jump; Vortex throw; 600m run.*

*• Athletes should participate in all 4 events to get a total individual score.*

*• **To register** your child - scan the QR code*



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